

INTRODUCTION TO SIGNALLER TRAINING DAY 7 - WORKING SAFELY - BLURB FOR MOODLE

FRONT PAGE

We've talked about it throughout the materials so far, but today is dedicated to safety. Safety is at the heart of Network Rail. Everyone who works for and with us must behave safely and as frontline operations, your role is particularly safety critical.

So our big question today is: What actions can we take to stay safe on the railway?

In this module, we'll look at how to keep yourself - and your colleagues - safe on the railway. Find out about the guidance that helps ensure everyone home safe every day and incorporate it into your daily work.

Are you ready to get started?

Make your way through the learning materials below.

THE LIFESAVING RULES (RISE)

Our 10 Lifesaving Rules keep us all safe. Find out what the Rules are, why we have them and how we use them. And start to commit them to memory.

Click enter to launch the training.

TRACKSIDE SAFETY FAQ (RISE)

It's unlikely that you'll be down by the track too often, but you should know the basics of keeping safe trackside as well as what's asked of trackside workers. This is a summary of the essential information for personal trackside safety. It outlines behaviours, responsibilities, procedures, hazards and risks when trackside.

Click enter to launch the training.

FATIGUE REDUCTION (RISE)

Reduced alertness caused by fatigue is a real hazard in your day-to-day. Raise your awareness of what fatigue is and the signs to look out for, discover some tips for reducing fatigue, and find out how we manage the risk it poses.

Click enter to launch the training.

REPORT YOUR CONCERNS (RISE)

There are systems in place to help you stay vigilant and reduce the risk of harm to yourself and your colleagues (and everyone else). This learning looks at what concerns you should report and how to do it.

Click enter to launch the training.

RECAP

Let's summarise what we've learned in this module and look ahead to what's coming up next. And we'll check whether you can now answer today's big question: What actions can we take to stay safe on the railway?

Click enter to launch.

When you're finished, go back to the overview screen to open Day 8.